

# Ohio Parent to Parent (Ohio P2P)

No parent should  
feel alone.  
Ever.



Are you feeling overwhelmed or isolated because of your child's needs? Do you want to talk with another parent who has similar experiences?

**Ohio P2P can connect you!**

## What is Ohio Parent to Parent?

Ohio P2P is a statewide matching program that matches parents, family members, or caregivers of a person with a disability or special healthcare need. Our program is unique because we match families with an experienced, trained, volunteer support parent.

## Who are the Ohio P2P Staff?

Ohio P2P Staff are family members of people with disabilities/special healthcare needs. Ohio P2P staff help match families with similar experiences and backgrounds.

## Who are Support Parents?

Support parents are further along in life with a loved one who has a disability or special healthcare need. Support parents are trained using our national P2P training program. Support parents will listen and support others by sharing their experiences in a positive way.

## Who are Referred Parents?

Referred parents are any family members or caregivers who would like to connect with another person for support. Some families request a connection for support with: dealing with a new diagnosis, facing challenges your family is experiencing, navigating life, or learning how to handle transition to adulthood.

## We Believe:

The support of another parent holds great power and can help build both strength and resilience.



**Get Connected:** Call: (513) 636-1245

Email: [Jena.Wells@cchmc.org](mailto:Jena.Wells@cchmc.org)

Search: [Ohio Parent to Parent](#), [P2P USA](#)

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