

# Employment and Beyond Transition Booster Session

October 21, 2021

## Resource List

### Personal Strengths & Asset and Relationships Resources

- [Ohio Employment First Job Seekers Guide](#)
  - 8 Modules with step-by-step Instructions and tools to help explore and learn about community employment. Includes 22 tools that can be downloaded and used.
- [Community Life Guide: Speak Up Stay Safe: Community Health and Safety Training](#)
  - It is important to learn how to be safe and healthy in the community. Through these web modules, you will learn many things about being healthy and safe.
  - There are 10 main ideas about safety. Each main idea has step-by-step help to navigate the topics. There are also tools and exercises
- **National Collaborative on Workforce and Disability (NCWD)**
  - [By Youth for Youth: Employment](#)
    - i. *Employment* was written by youth for youth who want to know more about finding and keeping the right job. It is important to consider what makes a job right for you, where to look, and how to write a resume and prepare for an interview. Youth with disabilities also need to consider disability disclosure in the workplace and how to ask for accommodations, if needed. After accepting a job offer, you should take advantage of opportunities for mentoring and continuing to build your skills. This brief covers each of these topics and provides information on supports such as vocational rehabilitation and transportation.
  - [NCWD: Hitting the Open Road after High School](#)
    - i. Review this booklet for ideas on determining options for youth after exiting school.
  - [NCWD: Making my Way Through College](#)
    - i. A useful guide for any student pursuing further education or training after high school.
- [The 411 on Disability Disclosure: A Workbook for Youth with Disabilities](#)
  - This workbook is designed for youth and adults working with them to learn about disability disclosure and help them make informed decisions about whether or not to disclose their disability and understand by considering how that decision may impact their education, employment, and social lives. Based on the premise that disclosure is a very personal decision to be made by young people themselves, the workbook helps young people think about and practice disclosing their disability

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## Personal Strengths & Asset and Relationships Resources (continued)

- **Think College**
  - Think College is a national organization dedicated to developing, expanding, and improving inclusive higher education options for people with intellectual disability. With a commitment to equity and excellence, Think College supports evidence-based and student-centered research and practice by generating and sharing knowledge, guiding institutional change, informing public policy, and engaging with students, professionals and families.
- **Going to College:** A resource for teens with disabilities
  - The Going to College website contains information about living college life with a disability. It's designed for high school students and provides video clips, activities, and additional resources that can help you get a head start in planning for college. The video clips offer a way for you to hear firsthand from students with disabilities who have been successful.
- **Ohio Self Determination Association: Project Stir**
  - Steps Towards Independence & Responsibility (STIR) Training is by and for people with disabilities. Trainers are Project STIR graduates trained by the Ohio Self Determination Association. This training is designed to provide tools for job seekers to advocate, connect with other advocates, and gain leadership experience that can lead to community employment. Project STIR is trademarked by the Carolina Institute of Developmental Disabilities at University of North Carolina Chapel Hill
  - Training materials and trainer guides are available for download

## Technology Resources

- **DODD Technology First**
  - Information and Resources related to Technology First In Ohio
  - **Lending Libraries** are helpful for people with disabilities to try out different technology based on their needs before purchasing equipment, such as assistive technology, medical equipment, or adaptive toys. Many programs offer lending services for free. The Ohio Developmental Disabilities Council has identified assistive technology lending libraries across Ohio in the attached map. Visit the council's **website** for more information and other downloadable formats of the map. View the online **interactive map**.
- **Ohio Means Jobs**
  - Explore Careers K-12: A free student account on OhioMeansJobs.com is the first step to planning your future. Students can explore career Interests, launch a career plan, build a future budget, explore tools for college and career readiness, build or upload a resume, search for job options find part time jobs, apprenticeship/Internships, and more.
  - Ohio Means Jobs- **Planning for College website**

Questions or clarifications:

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- **[Ohio Disability Benefits 101](#)**
  - Ohio DB101 is an integrated suite of online tools, information, and training where people with disabilities can directly access plain-language information and short videos about work and benefits and health coverage programs. These resources are specific to Ohio's benefits. Three calculators have been developed: Work and Benefits, School To Work; Medicaid Buy-In. DB 101 is a resource for families, job seekers and professionals that can be used to help analyze the impact of employment on an individual's benefits. While DB 101 does not replace a comprehensive benefits analysis, it can help to provide a general understanding about employment and benefits.
- **[Assistive Technology of Ohio](#)**
  - AT Ohio's mission is to help Ohioans with disabilities learn about or acquire assistive technology. Assistive Technology refers to devices, equipment or services that assist individuals with disabilities to function independently in the areas of work, home or school. We offer several programs and services to achieve that goal. We also keep up with current legislative activity that affects persons with disabilities, and educate legislators about the needs and concerns of citizens with disabilities.
  - Assistive Technology of Ohio (AT Ohio) is a federally funded nonprofit organization that is part of the College of Engineering at The Ohio State University. AT Ohio is the officially designated Tech Act program for Ohio.
- **[Assistive Technology Act Technical Assistance and Training Center \(AT3\)](#)**
  - The mission of the Assistive Technology Act Technical Assistance and Training Center (AT3) is to increase access to and acquisition of assistive technologies by individuals with disabilities across the lifespan.
  - Connect with your local AT Act Program for help with funding options, device loans, device demos, and more.

## **Community Based Resources**

- **[Having a Meaningful Day While Staying Home During the Pandemic](#)**
  - A meaningful day is about self-empowerment, learning, and developing skills, with a goal of helping people realize who they are, what they are capable of, and how they can connect with other people. Information and resources to: Discover Meaningful Opportunities, Engage in Physical Activity, Try Art and Creative Projects, Explore New Interests & Virtual Opportunities
- **[Evidence Based Practices and Predictors](#)**: Evidence Based Practices and Predictors are research-based strategies that focus on transition youth. The Practice and Predictors are useful to transition professionals across systems and in multiple environments. More information about Evidence Based Practices can be found at the **[National Transition and Technical Assistance Center](#)**.

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## Community Based Resources (continued)

- [The Journey Website](#)
  - A series of brief webinars spotlighting transition planning tools and resources
  
- **Charting the LifeCourse**
  - [Daily Life and Employment](#)
    - What a person does as part of everyday life- school, employment, volunteering, communication, routines, life skills.
  
  - [Focus on Transition](#)
    - Transition means that you are moving from childhood to young adulthood and from school to adult life. There are many things to think about and do to prepare for this change. Transition is a point in a time filled with change, growth, excitement, and sometimes fear and confusion. It is helpful to explore life experiences to have and questions to ask during this transformative life stage. A Quick Guide In the Life Experience Series
  
  - [Daily Life & Employment Guide](#)
    - i. This interactive booklet includes activities and resources to help adults and transition age youth begin to think about jobs, careers, or continuing education.
  
  - [Foundational Tools: Family Perspective](#)
    - i. The family perspective materials are designed to help families articulate their vision of what they want/don't want for their family members, identify and access key supports, and have conversations with their family members and supporters about planning for a good life now and in the future.
  
  - [Integrated Support Star](#)
    - i. The Integrated Support Star principle and tool can be used by anyone (individuals, families, or professionals) to guide their thinking about supports. It can be used for mapping current services and supports, problem-solving for a specific need, or planning the next steps. The star can help explore current needs, identify gaps, or plan how to access supports for the future.
  
- [Portage County Youth & Young Adult Resource Guide](#)

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## Community Based Resources (continued)

- [We Thrive Together](#)
  - Our neighbors started We Thrive Together to reduce social isolation and loneliness in our community. We invite you to take advantage of our FREE events and activities available online and at the senior centers, libraries, and other various local venues.
- [Ohio: Find It Here](#)
  - Ohio. Find It Here. isn't just the state's tourism slogan, it aptly describes a place that is incredibly diverse, from its big city amenities which include a thriving arts and culture scene and award-winning culinary experiences, to the charm and comfort that can be found in its distinctive neighborhoods and historic small towns.
  - From outdoor adventures and amazing arts scenes to engaging events and family fun, Ohio has so many unique destinations to explore. Here's a look at some of our most popular and recommended areas of Ohio. Find It Here.

## Eligibility Specific Resources

- [Opportunities for Ohioans with Disabilities-Students 14+](#)
  - Opportunities for Ohioans with Disabilities (OOD) offers a range of services to help students with disabilities 14+ prepare for post-secondary education and employment. OOD works together with students, families, schools/colleges, and community partners to provide services that promote successful transitions to careers and adult life.
- **Ohio Department of Education**
  - [Career Connections](#)
    - i. Today, students need to see a link between what they are learning and future work. Career Connections offer practical ways for teachers and school counselors, families and community members to show students, as early as in kindergarten, the types of careers possible for them.
    - ii. [Resources for Families and Communities](#)
  - [Career Pathways](#)
    - i. A Career Pathway is a collective look at education and training, wage and outlook information for related occupations. These pathways offer an overview of the various career options along with education and training that can begin as early as grade 7. Whether a student is interested in going to college, getting a certificate or working right after high school, career pathways can be customized for any ambition or plan.
  - [Career Tech Ohio](#)
    - i. Explore career technical schools, online resources, review career-tech content standards, earn college credit in high school, link interests to future career

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## Eligibility Specific Resources

- [Ohio Department of Developmental Disabilities \(DODD\) Find Your County Board](#)
  - Your local county board of developmental disabilities is the place to start for determining eligibility, assessing your needs, and coordinating which services can best support you.
- [DODD Blueprint for Adult Day and Employment Services Work Group](#)
  - The Blueprint for Adult Day and Employment Services Work Group convened from January 2020 to May 2021 with the purpose of improving adult day support services, transportation services, and strengthening competitive, integrated employment outcomes for people with developmental disabilities throughout Ohio
  - [Ohio's Vocational Habilitation Service: Information You Need to Know](#)
    - i. 2019 Guidance related to Ohio's Vocational Habilitation service
    - ii. Vocational Habilitation is a service which teaches a person general work skills and is considered a temporary service
- [Ohio Department of Job and Family Services Comprehensive Case Management and Employment Program \(CCMEP\)](#)
  - The Comprehensive Case Management and Employment Program (CCMEP) helps low-income young adults ages 14-24 get the training and supports necessary to enter a career and break the poverty cycle. Eligibility based on low-income or other barrier to employment or education (including youth with disabilities)
- [Ohio's Statewide Consortium](#): Postsecondary programs for students with disabilities in Ohio
  - The goal of Ohio's Statewide Consortium (OSC) is to build, enhance, and sustain comprehensive transition programs for students with intellectual disability and developmental disabilities (ID/DD) across Ohio.
  - OSC programs provide access to inclusive college classes, work experiences, social activities, and independent living & self-determination instruction.
- [Centers for Independent Living \(CILs\)](#)
  - There are 12 CILs in the State of Ohio. CILs are a one-stop resource for Ohioans with disabilities, providing a variety of programs and services. Our collective goal is to assist these citizens to live independently in their community of choice.
  - CILs provide the following services: Advocacy, Information & Referral, Peer Support, Skills Training, Nursing home & Institution to community, Youth Transition, & Diversion from nursing home or Institution. Many provide additional services beyond this list.
  - [Tri-County Independent Living Center, Inc.](#): Center serves individuals with disabilities who reside in the Summit, Stark and Portage counties