INTEGRATED SUPPORTS STAR

Personal Strengths & Assets

-Work/Volunteer Experience
-Vision or dream for good life
-Has hobbies & interests + needed supplies
-Makes choices and decisions
-Communicates ideas, needs, thoughts to others
-Practices everyday living skills
-Valued member of community group
-Belongs to/has roles in a faith community

Technology

-Online Games
-Tablet/Smart Phone educational/life skills apps
-Online classes/training
-Online social clubs
-Internet community exploration
-Communication device
-Speak Up, Stay Safe Guide
-Ohio Lending Libraries
-Social Media
-We Thrive Together

Relationships

-Parents, siblings, grandparents, other family
-Coworkers
-Friends
-Dating/Relationships
-Teacher
-Life Coach
-Neighbors
-People with shared interest or hobby

COMMUNITY MEMBERSHIP

Community Based

-Volunteer organizations/volunteering
-Local library
-Community Centers
-Parks & Recreation
-Service/Social Clubs/Groups
-Museums
-Churches/Places of worship
-Sports teams/clubs

Eligibility Specific

-IEP Transition services
-County Board of Developmental Disabilities
-HCBS Medicaid Waiver Day and Residential services
-Special Olympics
-Social skills classes
-Post-secondary colleges with programs for students with disabilities
-Self advocacy groups/trainings
-Independent Living Center

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