Day Program Selection Guide

Questions when considering adult services providers
What does a typical day look like?

- Who drives the transportation routes?
- What are the hours? Is there any flexibility with the hours?
- How many people attend on an average day?
- How do you group adults?
- Is there an option to come less than 5 days/week?
- What are your staffing ratios above the minimum requirement?
- What is a typical daily schedule?
- Do participants need to bring money for activities?
What sets this program apart?

- Do you have a special focus for your program?
- Do you offer employment services to help participants on their path to employment?
- How do you develop goals? How do you monitor and report progress?
- Do you offer any special programs: life skills, arts, relationship skills, fitness?
- How do you select program participants?
- How can participants and families determine if this program is a good fit? Are there trial days?
- Do you bring in any outside activity leaders or volunteers?
Covid specific questions
Regarding COVID Precautions

- Do staff get vaccinated?
- Do participants need to wear masks?
- What is your policy if participants or staff show symptoms?
- How has COVID affected your grouping and activities outside of your center?
- Can we do virtual and/or in-person tours?
Now What?
Next steps after program selection

- Reach out to your Service Coordinator and School Team
- Complete the ISP addendum with as much input from your team as possible, especially regarding future goals and information you want the program to know about your adult child.
- Consider suggesting that graduation gifts be made in the form of donations to the program in your adult child’s name.
- Make a plan for any additional visits or observations to ease the transition to the program.
- Consider asking the school to make a social story or provide other strategies to support the transition.