

## TIPS FOR INCLUDING THE FAMILY

### 1. Questions to ask the family:

- a. What do family members like least and most about the way things are now?
- b. Do family members feel off routine?
  - i. If so, what do they think would make them feel better?
- c. Family members can identify the following for you loved-one with special needs:
  - i. One thing the person likes.
  - ii. One thing the person does well.
  - iii. One thing the person needs to learn.
- d. Why does your loved one with special needs have good days behaviorally? Why difficult days behaviorally?
- e. How do family members feel about a target/strategy you are considering? How easy/hard/effective do they think it will be?

### 2. Things for Family Members to Do:

- a. Help you make and fill in a behavior log.
- b. Develop a plan for a 10-minute activity to engage your loved one with special needs.
- c. Set up or put away materials.
- d. Play games or do other activities together.

### 3. Things for Family Members to Model:

- a. Coping strategies
- b. Wearing masks
- c. Leisure and daily-living skills