

Taking Charge of Your Child's Care Plan During COVID-19

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Speakers:

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Ohio Family to Family Health Information Center



Welcome to our virtual training!

Taking Charge

How will this “virtual” session work?



- Participant’s video functions are turned off by host.
- Microphones are muted until the end of the presentation.
- If you are joining by video, please enter your questions via the chat box **or** use the “wave” function to alert the host that you have a question to ask with your microphone.
- If you are joining by phone, please email Jennifer.walsh@cchmc.org your questions for the presenter.

Thank you!

- I am worried I may get sick or my child with special health care needs will get sick.
- What if my loved one has to go to the hospital and needs emergency care?
- Will I be allowed an accommodation to be his/her support person?
- Who else knows about his/her medical needs and what his/her daily care plan is?
- How can I **take charge of my fears and turn them into action?**

During this virtual training, we will share :

- Getting started
- Examples of templates to create a medical summary
- Forms to use during COVID-19 when a support person is denied entry to assist a person with a special health care need/disability
- Resources from Family Voices to prepare for COVID-19 situations
- Create, contain, transport, share

Collect the information:

- Use My Chart or other medical record system
- Your name and contact information
- Physician's information
- Medications
- Allergies
- Major surgeries
- Health history
- How I communicate
- Mobility needs
- Assistive Tech needs
- How I eat and drink





- Lynne's Example

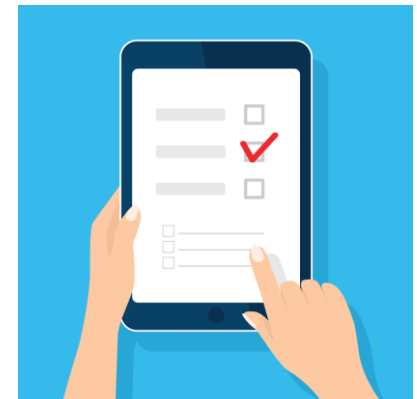


- Florida Center for Inclusive Community
[My Health Passport](#)

Ref.: Perkins, E.A. (2011). *My Health Passport for Hospital/Clinic Visits*. Florida Center for Inclusive Communities, http://ffcic.fmhi.usf.edu/docs/FCIC_Health_Passport_Form_Typeable_English.pdf.

Preparing individuals with disabilities and special health care needs for hospitalization. A state-specific resource.

- The goal: to be completed proactively prior to seeking medical attention for COVID-19 symptoms at a hospital
- Form will help to alert ER staff to the preferred communication with the patient and his/her needs and wishes
- Reduce health care barriers
- [COVID-19 Disability Form](#) all states
- [COVID-19 Disability Form for Ohio](#)



Ref: Ballan, M. & Perri, C. (2020). COVID-19 Disability Form. Stony Brook, NY

Family Voices Resources for being ready for a COVID-19 situation

Taking Charge

- A plan for self-care
 - 5 self care practices for every area of your life
 - Cook your way out of stress – quarantine baking & cooking
 - Laugh and find hope by watching some good news
 - Exercise
- What if I get sick? Where do I start?
 - Conversation starter kit
 - End of life plan; advance directives
- What if I can't care for my child?
 - Child care options
 - Estate planning
 - Checklists and forms for sharing info about your child
- eBlast: [Putting on Your Own Oxygen Mask First](#)

Portability Ideas

1. Create the important medical information
2. Contain in a portable file
 - consider printing forms / binder
3. Is it accessible? Save on your computer/tablet in a unique file and/or Cloud-based system (Dropbox, Google Drive, etc.)
4. Share with healthcare professionals, family members and other important people
5. Contact your local EMS (Emergency Medical System)





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Questions



Resources

- Ohio Family to Family – www.ohiof2f.org
- Ohio Parent to Parent - www.ohiof2f.org/ohiop2p/
- UCCEDD.org <https://www.ucucedd.org/covid-19/>
- Charting the Lifecourse Tools - www.ucucedd.org/ctlc-tools/



