Taking Charge of Your Child’s Care Plan During COVID-19

April 24, 2020

Speakers:
Lynne Fogel, Central Ohio Family Specialist
Amy Clawson, Northern Ohio Family Specialist

Ohio Family to Family Health Information Center
How will this “virtual” session work?

- Participant’s video functions are turned off by host.
- Microphones are muted until the end of the presentation.
- If you are joining by video, please enter your questions via the chat box or use the “wave” function to alert the host that you have a question to ask with your microphone.
- If you are joining by phone, please email Jennifer.walsh@cchmc.org your questions for the presenter.

Thank you!
Introduction

• I am worried I may get sick or my child with special health care needs will get sick.

• What if my loved one has to go to the hospital and needs emergency care?

• Will I be allowed an accommodation to be his/her support person?

• Who else knows about his/her medical needs and what his/her daily care plan is?

• How can I take charge of my fears and turn them into action?
During this virtual training, we will share:

- Getting started
- Examples of templates to create a medical summary
- Forms to use during COVID-19 when a support person is denied entry to assist a person with a special health care need/disability
- Resources from Family Voices to prepare for COVID-19 situations
- Create, contain, transport, share
Collect the information:

- Use My Chart or other medical record system
- Your name and contact information
- Physician’s information
- Medications
- Allergies
- Major surgeries
- Health history
- How I communicate
- Mobility needs
- Assistive Tech needs
- How I eat and drink
• Lynne’s Example

• Florida Center for Inclusive Community

My Health Passport

Preparing individuals with disabilities and special health care needs for hospitalization. A state-specific resource.

- The goal: to be completed proactively prior to seeking medical attention for COVID-19 symptoms at a hospital
- Form will help to alert ER staff to the preferred communication with the patient and his/her needs and wishes
- Reduce health care barriers
- COVID-19 Disability Form all states
- COVID-19 Disability Form for Ohio

Family Voices Resources for being ready for a COVID-19 situation

- A plan for self-care
  - 5 self care practices for every area of your life
  - Cook your way out of stress – quarantine baking & cooking
  - Laugh and find hope by watching some good news
  - Exercise

- What if I get sick? Where do I start?
  - Conversation starter kit
  - End of life plan; advance directives

- What if I can’t care for my child?
  - Child care options
  - Estate planning
  - Checklists and forms for sharing info about your child

- eBlast: Putting on Your Own Oxygen Mask First

Cincinnati Children’s
University of Cincinnati
UCCEDD/LEND
University of Cincinnati Center for Excellence in Developmental Disabilities
Leadership Education in Neurodevelopmental and related Disabilities

Ohio Parent to Parent Statewide Mentoring & Support Program
Portability Ideas

1. Create the important medical information

2. Contain in a portable file
   - consider printing forms / binder

3. Is it accessible? Save on your computer/tablet in a unique file
   and/or Cloud-based system (Dropbox, Google Drive, etc.)

4. Share with healthcare professionals, family members and other important people

5. Contact your local EMS (Emergency Medical System)
Contact Us

Amy Clawson – Northern Ohio Family Specialist
Family Information and Resource Specialist, Ohio F2F
amy.clawson@cchmc.org
(844) 644-6323, option 3
Learn more about Amy

Lynne Fogel – Central Ohio Family Specialist
Family Information and Resource Specialist, Ohio F2F
lyinne.fogel@cchmc.org
(844) 644-6323, option 2
Learn more about Lynne
Questions
Resources

- Ohio Family to Family – www.ohiof2f.org
- Ohio Parent to Parent - www.ohiof2f.org/ohiop2p/
- UCCEDD.org https://www.ucuceddd.org/covid-19/
- Charting the Lifecourse Tools - www.ucuceddd.org/ctlc-tools/