Transition to Adult Healthcare Services

Katie Johanning-Gray, PsyD
Overview

• I have no Disclosures
• Logistics
  • How and Where to Document and Share Information
• Identifying Healthcare Providers
• How to Participate in the Process
  • As a Parent
  • As a Young Adult
• Guardianship and Alternatives
Logistics

• Does the Individual have any Current Struggles with Appointments?
• Transition Assessment
• Determination of “End Dates” for Providers
• Practice
  • Making Appointments (Practice Script)
  • Going to Appointments
    • With Adult just as a “Support Person”
    • Alone and then with Adult in Room Later
  • 3-Sentence Summary
• Creating a Health Passport/Medical Summary/Similar Document
Identifying Providers

• Adult Providers
  • Possible Supports
    • “Getting to Know You Visits”
    • First or Last Appointments of the Day
    • Being Texted when it’s Your turn instead of Waiting in the Waiting Room

• Asking for Recommendations for Providers
Participation in the Process

• As an adult/caregiver

• As a child becoming a young adult
Adult Child Coming to an Appointment

- Guardianship

- Health Care Power of Attorney