

Transition to Adult Healthcare Services



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Overview

- I have no Disclosures
- Logistics
 - How and Where to Document and Share Information
- Identifying Healthcare Providers
- How to Participate in the Process
 - As a Parent
 - As a Young Adult
- Guardianship and Alternatives

Logistics

- Does the Individual have any Current Struggles with Appointments?
 - Transition Assessment
 - Determination of “End Dates” for Providers
 - Practice
 - Making Appointments (Practice Script)
 - Going to Appointments
 - With Adult just as a “Support Person”
 - Alone and then with Adult in Room Later
 - 3-Sentence Summary
 - Creating a Health Passport/Medical Summary/Similar Document
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Identifying Providers

- Adult Providers
 - Possible Supports
 - “Getting to Know You Visits”
 - First or Last Appointments of the Day
 - Being Texted when it’s Your turn instead of Waiting in the Waiting Room
- Asking for Recommendations for Providers



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Participation in the Process

- As an adult/caregiver
- As a child becoming a young adult



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Adult Child Coming to an Appointment

- Guardianship
- Health Care Power of Attorney



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