

## F2F Newsletter Spring 2019

### Nursing Denials Update

On March 4, 2019, Ohio Family to Family, along with Ohio Waiver Nursing Coalition members, met with the new administration at the Ohio Department of Developmental Disabilities (DODD) to discuss the impact of nursing denials in the state. Ohio Family to Family hopes to open up discussion with the Ohio Department of Medicaid in the coming weeks, and the Ohio Waiver Nursing Coalition plans to meet again this spring.



Pictured here: Kim, a member of the Ohio Waiver Nursing Coalition, with her son, Luke

[Read about Kim's experience and more here](#)

### Powerful Tools for Caregivers Training Coming Soon

Powerful Tools for Caregivers gives you the skills to take care of yourself while caring for

### SpeakHealth Project

Nationwide Children's Hospital has been selected to develop a project called SpeakHealth, as part of the Care Coordination for Children with Special Health Care Needs Challenge.

Lynne Fogel, Central Ohio Family Support Specialist, is in contact with the research team heading up this project. Stay tuned for a detailed description of this exciting technology and what it could mean for families of CYSHCN. Project leaders are eager to engage Ohio families for feedback on their product once it is in the development phase. Watch the Ohio F2F website for updates.

### Training Impact on Schools

At a recent transition session in Central Ohio, one attendee, who is a parent of a child with a disability and teaches special education, picked up some **Healthy Bodies** booklets. Not only does his family benefit from F2F trainings, but now his school team is developing a curriculum on healthy bodies, with guidance from these booklets.

### New "Serving on Groups" Training

someone else. By taking care of your own health and well-being, you become a better caregiver.

The class will give you tools to help:

- reduce stress
- improve self-confidence
- manage time, set goals and solve problems
- better communicate feelings
- locate helpful resources
- make tough decisions

Keep an eye out for upcoming classes.

The F2F groups in Northeast and Central Ohio will soon be hosting a four-part training for parents/caregivers of children with special health care needs, delays and/or disabilities on how to become involved in local, state or regional decision-making committees, task forces and/or councils.

**Learn more about upcoming  
NE Ohio training**

## Upcoming Events

Saturday, April 27: **Transition Expo in Brecksville, Ohio**

Monday, April 29 - Thursday, May 2: **Northeast Ohio "How to Serve on Groups that Make Decisions" Training Classes**

Details about our all trainings and events, including Transition Booster Sessions can be found **here**.

**Ohio Family 2 Family at the UCEDD**  
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