



# Achieving Quality Employment & Community Life

June 20, 2019



Cleveland Clinic **Children's** | Center for Autism





## CHARTING the LifeCourse



### Exploring Life Possibilities

There are many options for living, working, and playing in the community. What might have been great 30 years ago, may not work for today's vision of a quality life in the community. This tool is to help individuals and families look at a variety of life options in each of the life domains, some of which are traditional or historic and no longer preferred by many, some that are known and tried, but not necessarily the norm, and others that are new or unfamiliar to individuals, families and professionals.

	 <b>Daily Life &amp; Employment</b>	 <b>Community Living</b>	 <b>Social &amp; Spirituality</b>	 <b>Healthy Living</b>	 <b>Safety &amp; Security</b>	 <b>Citizenship &amp; Advocacy</b>	 <b>Supports for Family Unit</b>	 <b>Supports &amp; Services</b>
<b>Innovative Life Options</b>	<p>New ideas; things that someone has tried, and you replicate or adapt for your own needs; things that haven't been thought of yet or tried.</p>							





## 2019 Cleveland Area Transition Booster Session

### Sexuality, Safety & Relationships

This session is for parents, caregivers, or professionals working with youth and young adults who have developmental disabilities and/or require significant support.

**Date:** Thursday, July 18, 2019

**Time:** 6:30 – 8:30 pm

**Location:** Cleveland Clinic South Point Hospital  
20000 Harvard Rd.,  
Warrensville Heights, OH 44122

**Speaker:** Katherine Antall, MS  
Human Sexuality Specialist  
Cuyahoga County Board of Developmental Disabilities



#### Attendees will learn:

- How to support individuals to have safe sexual expression including healthy relationships
- Practical tips for preparing individuals for employment and/or adult services
- Strategies for responding to challenging behaviors
- Digital safety

**Cost:** Free, light refreshments provided

**Register:** <https://tinyurl.com/y284npev>

**Questions?** Contact Amy Clawson, [amy.clawson@cchmc.org](mailto:amy.clawson@cchmc.org), 513-814-0674

Planning support for this session provided by: LiveSpecial.com / NCJW, Cuyahoga County Board of Developmental Disabilities, Friendship Circle of Cleveland, Up Side of Downs of Northeast Ohio, Cleveland Clinic Children's Center for Autism, and Milestones Autism Resources

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**Ohio Family to Family Training Events:** [www.ohiof2f.org/training](http://www.ohiof2f.org/training)

**Charting the Lifecourse Daily Life & Employment Possibilities:**

<file:///C:/Users/clazr7/Downloads/Exploring-Life-Possibilities-updated-february-2017.pdf>

**Expanded Pro Bono Program:**

[https://www.disabilityrightsohio.org/assets/documents/medicaid\\_pro\\_bono\\_program.pdf](https://www.disabilityrightsohio.org/assets/documents/medicaid_pro_bono_program.pdf)