## CHARTING the LifeCourse













**Technology** 

member

Social media

Keep/create a log of daily

made for your family

tasks and medical judgements

Internet search and read ORC

Be prepared for the video call

before the state makes the

decision about Nursing

Review webinars and PPT

training regarding current

systems and who to call

Join in multi agency

collaborations

## **Integrated Supports for Nursing & Healthcare**

People with intensive medical care need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, and safe community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.

# What you can do

- Learn about information on ORC Rules
  - Reach out to advocates and groups
  - Get involved to make changes and improvements in systems and policies
- Maximize use of resources within the current rules
  - Identify what is not working
  - Share your story with legislators and press

# Nursing & Healthcare

#### Relationships

- Parents, siblings, spouse, children, grandparents, other family
- Friends & Neighbors
- Teachers/Aides
- Mentors, local or statewide
- Other families in similar situations
- Agencies
- County board of DD support coordinator
- Church groups
- Community
   Recreation Centers/
   YMCAs
- Parent support groups
- Mental Health
   Counselors

## **Community Based**

- Appeal to ODJFS & Medicaid
- Contact Ohio Family to Family
- Contact Disability Rights Ohio
- Join parent groups who are concerned
- Expand your network to get quality care
- Keep searching for other agency providers

### **Eligibility Specific**

- Special Education/IEP's
- County board of DD Case manager/support coordinator
- Day Programs with Nurse
- Medicaid State Plan services
- Ohio Revised Code
- Medication Certification 1, 2, 3
- Delegated Nursing
- Health Aide Tasks







