



## EMOTIONAL IQ & SOFT SKILLS

Beth Goodman, an ESC Psychologist, will be here to explain Emotional IQ and share strategies and resources we can use to teach Soft Skills to our children, teens, and young adults.

Research confirms that children with more developed social and emotional skills are more adept at paying attention, setting goals, persevering, thinking critically, and problem solving. Longitudinal studies also show students with these skills thrive later in life at work and become successful members of society.

This session will also explain the difference between medical diagnosis vs. school identification. Hope you can join us!

# FEBRUARY 13 PAC MEETING



And mark your calendars for our April 17 meeting as well!



**PAC Meeting on  
February 13 from  
9:30 – 1:00**

**Emotional IQ and  
Soft Skills**

**All PAC Meetings are  
free! Please RSVP to  
attend:**

**<https://tinyurl.com/yaenvu7e>**

### **PAC**

Parent Access Collaborative

420 Washington Street  
Cuyahoga Falls, OH

Questions? Call Marianne at  
330-945-6634 x: 513927 or  
email at [pac@sst8.org](mailto:pac@sst8.org)

Join us on 2/13 and 4/17/19.

Find us on Facebook at SST8  
Parent Access Collaborative