

A decorative background pattern of light blue circuit board traces and nodes on a dark teal background. The pattern is most prominent on the left side and fades towards the right.

CHOOSING A DAY PROGRAM

ADULT DAY SUPPORT

Purpose of Adult Day Support:

- greater independence
- community membership & relationship-building
- self-direction & self-advocacy

WHAT ARE YOU LOOKING FOR?

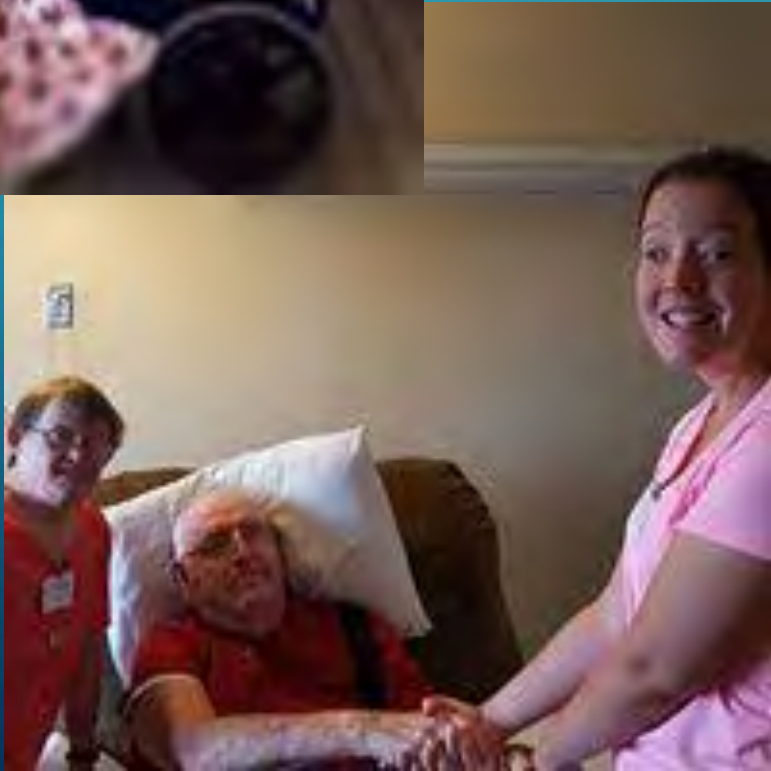
- What are your interest?
- What are your goals?
- How do you want to spend your time?
- What is important to you?













WHAT ARE YOU LOOKING FOR?

- **When do you need the service?**
- **What type of activities? Do you like to active all the time? Do you like a quite or a more stimulating environment?**
- **College like setting? Or something different?**
- **How much time in the community ?**
- **Full time or part time?**

TAKE A TOUR

- Spend some time at the program. Maybe eat lunch with everyone
- Are the participants engaged or do they look bored?
- Are staff friendly ? Are they mentoring? Are they teaching or telling?

ASK QUESTIONS - EVERYONE WANTS A GOOD FIT!

- Can the organization provide participants and families as references?
- Does the organization collect meaningful quality measures? (Annual report, satisfactions reports, etc)
- Does the organization show evidence of going above and beyond? (CARF accreditation)
- Do their staff receive training above and beyond what is required?

ASK QUESTIONS

- Do they provide transportation for day programming? If not, who will? Is public transportation used? If so, what kind of training is provided? Is drivers training an offered?
- How often will they communicate progress with you? Quarterly? Bi-annually? Annually?

ASK QUESTIONS

- Do they have a participant handbook? Does it define what the participant is responsible for and what the organization is responsible for?
- Does the organization offer a variety of services that gives participants room to grow without having to use another provider?
- What are their behavior support policies and procedures?

ASK QUESTIONS

- How do they assess and address individual risk?
- What does the organization do to ensure safety of participants while in the community? (For example, do they make sure everyone has an ID and carries it with them? Do they teach participants what to do if they get separated from the group?)
- How do they involve participants in designing the day to day programming?

ASK QUESTIONS

- What are their medication policies and procedures?
- Can they provide personal care?
- What will your typical day look like?
- How many days are they open a year? What are the hours of operation? Do they close for holidays and staff training?

The background is a dark teal color with decorative white circuit-like lines in the corners. These lines consist of straight lines and small circles, resembling a stylized PCB or network diagram. The lines are most prominent in the top-left, top-right, and bottom-left corners, with some extending towards the center.

THE BOTTOM LINE :

**Have Fun, Learn Lots,
and Dream Big!**

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