

## **Checklist of Possible Goals/Transition Activities**

### **Employment**

- Participate in work activities/chores/independence activities in my home
- Participate in work activities/chores/independence activities in school setting
- Participate in work activities/chores/independence activities in the community
- Obtain vocational training/work experience skills in school setting
- Obtain vocational training/work experience skills in community setting
- Visit possible employment sites and job shadowing activities
- Job exploration activities
- Visit career centers
- Contact vocational programs re different careers
- Take career surveys
- On site job discovery assessments
- Identify people and agencies that can assist with job seeking
- Learn and practice Job seeking skills- filling out applications, looking for jobs
- Practice interviewing skills
- Participate in summer employment and/or vocational training
- Job in school setting
- Vocational training/work experience skills in community setting
- Work experience skills in actual job in community with supports
- Behavioral and self-regulation training for work setting
- Social skills training for the work setting
- Training in conflict management/accepting criticism
- Learn about your rights and responsibilities in Employment as person with disability
- Learn how and when to disclose your disability and request reasonable accommodations