

Checklist for Possible Transition Goals/Activities

Independent Living

- _____ Participate in independent living training program
- _____ Receive travel training in school/community settings
- _____ Learn and practice safety skills/stranger danger awareness skills
- _____ Learn and practice fire safety skills
- _____ Learn and practice grocery shopping, nutrition and meal planning
- _____ Learn and practice basic kitchen safety skills and cooking
- _____ Learn and practice household budgeting/banking skills
- _____ Learn Laundry skills
- _____ Learn and practice money skills in the community
- _____ Learn about Voting and Register to vote
- _____ Take Drivers test and get license
- _____ Learn and practice how to use the public transportation system
- _____ Learn and practice to scheduling necessary appointments
- _____ Learn about community events and practice making arrangements
- _____ Learn and practice skills to make arrangements for leisure activity
- _____ Learn and practice introducing yourself to new people
- _____ Learn about rights to reasonable accommodations and practice asking
- _____ Learn about and practice ways to discuss your disability
- _____ Learn and practice good hygiene and toileting skills
- _____ Social Skills training and opportunities for practicing these skills
- _____ Receive Conflict resolution training/opportunities for role play skills
- _____ Sign Language training
- _____ Learn about difference between rights under 504 plan vs. IDEA
- _____ Learn about laws protecting individuals with disabilities and remedies
- _____ Attend/lead IEP meetings, practice ways to share info with your IEP team
- _____ Learn and practice what to do in an emergency
- _____ Learn and practice using the telephone to call 911 or a friend or business
- _____ Learn and practice contacting needed community services or information
- _____ Training in using assistive technology device for communication, instruction, support